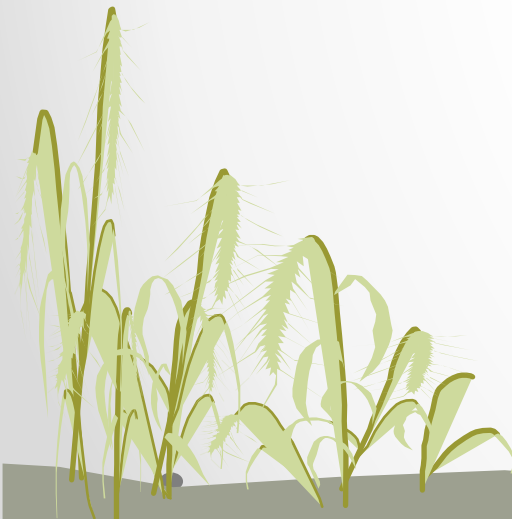


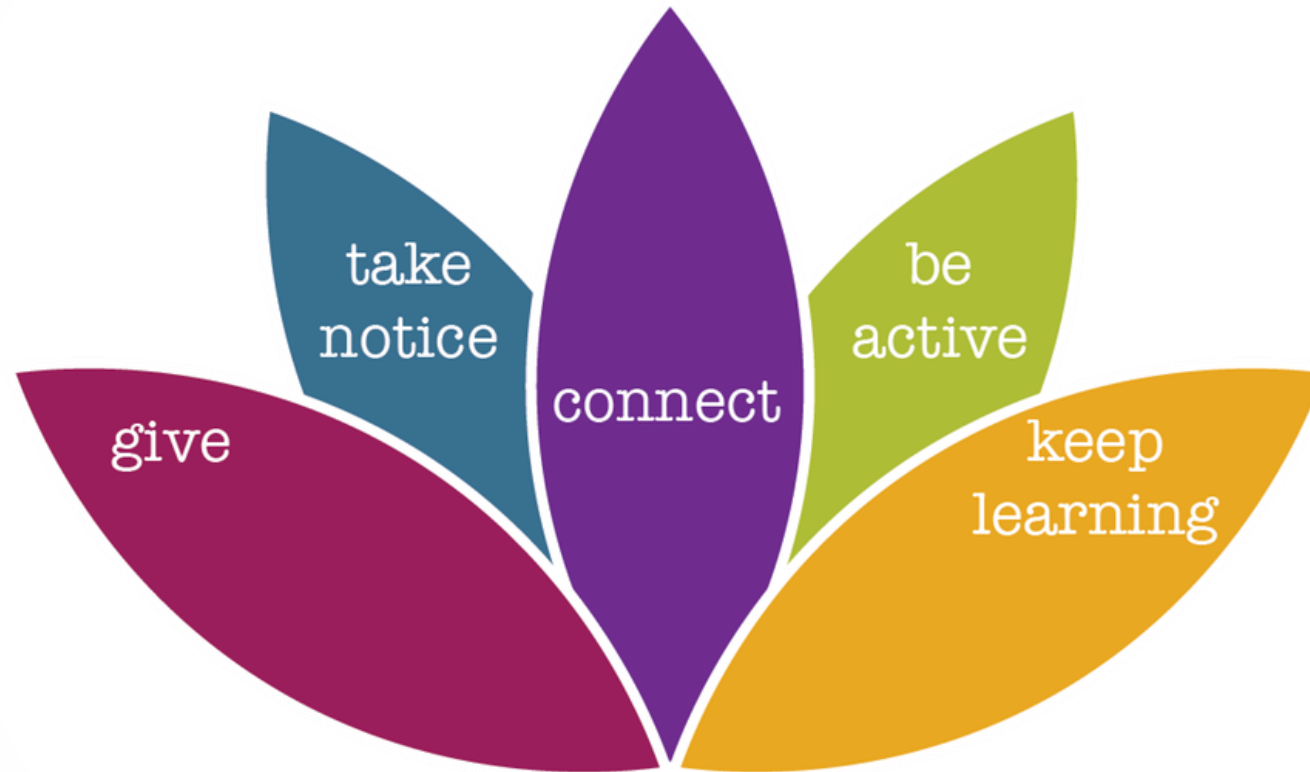


West Monkton Parish Council

# Volunteering



# 5 Way of Wellbeing



Five ways to wellbeing

# Opportunities to Volunteer

- Community Garden
- Community Fridge
- Repair Café
- Companion Volunteer
- Litter Picking
- Stay and Play Volunteer
- Water Watcher Volunteer

- Event – Stewarding
- Event – Planning
- Youth Club Volunteers

## Future Projects

- Community Transport Co-Ordinator
- Community Transport Drivers
- Emergency Helpers

We would love to hear from people who would like to share a skill or passion. Contact [community@westmonkton.net](mailto:community@westmonkton.net) for further information or contact Kate on 07505984006



West Monkton Parish Council

Any Questions?

